

Medical Information

Date: _____

Patient Information

First Name	MI	Last	Date of Birth	Gender Male Female
Address			Home Phone	Cell Phone
City	State	Zip	Email Address	
Employer	Work Phone		Emergency Contact and Phone	

Spouse Information (or parent if applicable)

First Name	MI	Last	Home Phone (If different)	Cell Phone
Employer	Occupation		Work Phone	Relationship to Patient

Other Contacts

Nearest relative/friend not living with you	Relationship	Phone Number
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Referral Information

How did you hear about us? Physician, friend, patient, web, etc.	Primary Care Physician/Provider	Phone Number
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Height and Weight

Height	Weight
Feet: Inches:	Pounds:

Allergy Information

List all medicine allergies	Do you have a Latex allergy or other allergies?
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Medications (Please list dosing and frequency information)

1.	Dose	6.	Dose
2.		7.	
3.		8.	
4.		9.	
5.		10.	

Previous Surgeries (List type and date)

1.	Date	6.	Date
2.		7.	
3.		8.	
4.		9.	
5.		10.	

Personal Medical History

Have you ever had: (please check all that apply) or ALL NEGATIVE											
High blood pressure	Lung disease	Asthma	Heart attack	Stroke	Liver disease	High cholesterol	Kidney disease				
Sleep apnea	Do you Use C-PAP?	Yes	No					Cancer Type:			
Diabetes	Do you use Insulin?	Yes	No	Pain Site:	Back	Hips	Knees	Ankles			

Family Medical History

Does anyone in your family have: (please check and list who)												
High blood pressure	Diabetes	Heart disease	Cancer Type:									Who:

Social History (if yes, please check and/or explain)

Marital Status:						Do you have children?					
Single	Married	Divorced	Widowed			Yes	No	How many?			
Ethnicity:											
Caucasian	Hispanic	African American	Asian	Indian	Other	Declined					
Are you currently:						Occupation or Disability?					
Working	Retired	Disabled	Homemaker								
Do you smoke or use tobacco?						Have you quit?					
Yes	No	Per day?				Yes	No	How long ago?			
Alcohol?						Drugs? Yes No Type:					
Yes	No	How frequent?				Quit? Yes No					

General (please check all that apply) or ALL NEGATIVE

Fever	Chills	Fatigue	Weakness	Appetite changes	Weight loss	Night sweats
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Ears/Nose/Throat (please check all that apply) or ALL NEGATIVE

Hearing loss	Nasal congestion/discharge	Sore/scratchy throat	Hoarseness	Difficulty swallowing
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Cardiovascular System (please check all that apply) or ALL NEGATIVE

Chest pain	Palpitations	Racing heart	Lightheadedness	Leg/ankle swelling	Murmur	Leg pain
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Respiratory System (please check all that apply) or ALL NEGATIVE

Shortness of breath	Wheezing	Sleeping upright	Cough	Bloody/discolored sputum	Vomiting blood
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Gastrointestinal System (please check all that apply) or ALL NEGATIVE

Abdominal pain	Bloating	Cramps	Nausea	Vomiting	Diarrhea	Constipation	Rectal bleeding	Blood in stools	Gas
Indigestion	Heartburn	Gastroesophageal Reflux (GERD)							

Urinary System (please check all that apply) or ALL NEGATIVE

Painful urination	Frequency	Urgency	Blood in urine	Inability to hold urine
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Musculoskeletal (please check all that apply) or ALL NEGATIVE

Joint pain	Muscle aches	Back pain	Joint swelling/stiffness	Back spasms	Pain in other joints
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Skin and Breasts (please check all that apply) or ALL NEGATIVE

Rash	Lesions	Edema	Skin ulcer	Nodule	Breast pain	Breast lump/mass	Breast discharge	Hernia
Site?								

Neurological (please check all that apply) or ALL NEGATIVE

Headache	Confusion	Dizziness	Paralysis	Fainting	Leg numbness	Leg weakness	Tingling	Difficulty walking	Seizures
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Psychiatric (please check all that apply) or ALL NEGATIVE

Insomnia	Irritable	Anxiety	Depression	Suicidal
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Hematologic and Lymphatic (please check all that apply) or ALL NEGATIVE

Swollen glands	Swollen neck glands	Easy bleeding	Easy bruising	Jaundice	Anemia
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Quality of Life

Do you have shortness of breath with normal activity?	Yes	No	Are you unable to participate in normal activities?	Yes	No
Are you embarrassed in public due to obesity?	Yes	No	Is your lifestyle inhibited due to obesity?	Yes	No
Do you have trouble bending over to tie your shoes?	Yes	No	Are you unable to participate in recreational activities?	Yes	No
Are you unable to participate in family activities?	Yes	No	Are you unable to exercise?	Yes	No
Do you have difficulty sleeping at night?	Yes	No	Do you ever wake up with snoring or shortness of breath?	Yes	No
Do you have arthritis? If so, which joints?	Yes	No	Do you have trouble climbing stairs?	Yes	No
Do you have trouble performing household duties?	Yes	No	Do you have difficulty cleansing yourself after using the restroom?	Yes	No
Do you have difficulty bathing?	Yes	No	Do you have trouble traveling?	Yes	No
Does your obesity interfere with your sex life?	Yes	No	Are you unable to go shopping?	Yes	No
Do you suffer from depression?	Yes	No	Do you have anxiety disorder?	Yes	No
Do you have a diagnosed mental disorder? If yes, what is the diagnosis?	Yes	No	If yes, are you currently under a physician's care? If yes, who?	Yes	No

Weight History

Height:	Current Weight:	Age you became obese?
Lowest adult weight:	Year:	Highest adult weight: Year:
Waist circumference:	Inches:	Hip circumference: Inches:

Attempted Diets (Please specify amount lost, gained, and year)

Weight Watchers Lost: Gained: Year:	Yes	No	Slim Fast Lost: Gained: Year:	Yes	No
Nutri System Lost: Gained: Year:	Yes	No	Overeaters Anonymous Lost: Gained: Year:	Yes	No
Atkins Diet Lost: Gained: Year:	Yes	No	Cabbage Soup Diet Lost: Gained: Year:	Yes	No
Herbal Life Lost: Gained: Year:	Yes	No	Hollywood Diet Lost: Gained: Year:	Yes	No
TOPS Lost: Gained: Year:	Yes	No	Meridia Lost: Gained: Year:	Yes	No
Phentermine Lost: Gained: Year:	Yes	No	Redux Lost: Gained: Year:	Yes	No
Fen-Phen Lost: Gained: Year:	Yes	No	Pondimin Lost: Gained: Year:	Yes	No
Xenical Lost: Gained: Year:	Yes	No	Diet Workshop Lost: Gained: Year:	Yes	No
Optifast Lost: Gained: Year:	Yes	No	Other: Lost: Gained: Year:	Yes	No
HMR Lost: Gained: Year:	Yes	No	Other: Lost: Gained: Year:	Yes	No
Jenny Craig Lost: Gained: Year:	Yes	No	Other: Lost: Gained: Year:	Yes	No

Physical Activity

How much physical activity do you get per day? (Please check all that apply below)	How many days per week do you exercise? (Please check all that apply below)
Walking Jogging Swimming Bicycling Other Type: Minutes:	Gym Aerobics Home gym Videotapes Other Type: Days: